

Curriculum vitae

PERSONAL INFORMATION



Kyriazakis Vasileios

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Date of Birth 05-08-1980

STUDIES

- **26.05.2016** Obtained specialty title in Psychiatry
- **26.09.2011 to 25.3.2016** Resident Psychiatrist , Psychiatric Hospital of Athens "Dromokaiteio"
- **September 2013 to August 2017** Supervision in the practice of group psychotherapy according to Irwin Yalom and individual psychotherapy based on Relational Psychoanalysis
- **January 2011 to January 2013** Diploma of Postgraduate Education and Specialization in "Applied Clinical Supervision". Institute of Cognitive Analytic Psychotherapy, Greece
- **January 2008 to July 2010** Diploma in Cognitive Analytic Psychotherapy & the Dialogical Self . Institute of Cognitive Analytic Psychotherapy, Greece
- **1998 to 2004** Degree in Medicine (Doctor - Medic) "GR. T. Popa" University of Medicine & Pharmacy, Iasi, Romania , Distinction: Excellent (9.45/10)

PROFESSIONAL EXPERIENCE

- 2020-2023 : Consultant Psychiatrist at the Mental Health Center of the "Sotiria" General Hospital, Athens
- 2016-2020 : Consultant Psychiatrist at Psychiatric Hospital of Athens "Dromokaiteio"
- 2011-2016 : Resident Psychiatrist at Psychiatric Hospital of Athens "Dromokaiteio"

Main activities and responsibilities within the professional experience:

- Assessed and appropriately handled potentially dangerous situations, defusing stressful scenarios, and liaising with physicians, patients, and family members.
- Treated patients by using psychotherapeutic medications and methods, and discussed progress with patients.
- Designed assessment and peer-review tools, sourced and scrutinized best business practices utilized in other facilities to enhance internal applications.
- Served on multidisciplinary teams with other mental health specialists, focus groups, and patient and family groups to determine the effectiveness of treatment methods.
- Identified critical needs and provided a full range of support, employing a highly empathetic approach and quickly building rapport with patients.

TRAINING

- Attendance of certified training programs – seminars (Total: 17)
- Attendance of Greek & International Conferences - Workshops & Symposia (Total: 24 of which 8 international and 16 Greek)
- Various Workshops accumulating at least 20 CE units every two years, for recertification as Clinical group psychotherapist (CGP) from International Board for the Certification of Group Psychotherapists (IBCGP).

SCIENTIFIC WORK

- Presentations at Greek - International Conferences : 6 as first author
- Presentations at Greek - International Workshops : 16 as first author
- Organization of a workshop at the Psychiatric Hospital of Athens "Dromokaiteio", in collaboration with the British Embassy on December 5, 2017 on the topic: "Mental Illness, Symptoms Recognition and Treatment"
- Organization of a seminar at the Psychiatric Hospital of Athens "Dromokaiteio", in collaboration with the Institute of Relational Group Psychotherapy on March 2, 2018 on the topic: Present and Future": "Gialomic Group Psychotherapy inside and outside a psychiatric structure.
- Creation of an interdisciplinary educational program: "Introduction to the Theory & Practice of Group Psychotherapy according to Irvin Yalom and the Relational Dynamics of the Group". Psychiatric Hospital of Athens Dromokaiteio (October 2017 to June 2020)
- Creation of an interdisciplinary educational program: "Introduction to the Theory & Practice of Relational Psychoanalysis and Psychotherapy". Psychiatric Hospital of Athens Dromokaiteio (October 2018 to June 2020)
- Lecturer in the Postgraduate Diploma: Clinical Skills based on Relational Group Psychotherapy. Institute of Relational Group Psychotherapy, Greece (September 2017-2021)
- Lecturer in the Postgraduate Diploma in Clinical Skills based on the Cognitive Analytic Model and the Dialectical Self. Institute of Cognitive Analytic Psychotherapy , Greece (September 2012-2016)

RESEARCH

- **April-May 2020** Insomnia, perceived stress and sense of family support in healthcare workers during the covid-19 pandemic.
- **05.05.2012 έως 05.09.2013** "In-Hospital Group Psychotherapy Assessment Questionnaire"

FOREIGN LANGUAGES

- English (excellent), German (good) , Romanian (excellent)

ADDITIONAL

- ❖ Member of the committee of the Medical Association of Athens for issues related to mental health.
- ❖ Psychotherapist and Clinical Supervisor for inpatient relational group psychotherapy.
- ❖ Member of the Hellenic Psychiatric Association.
- ❖ Member of the Hellenic Forensic Psychiatric Association.
- ❖ Member of the International Association of Relational Psychoanalysis and Psychotherapy.
- ❖ Member of the American Group Psychotherapy Association.
- ❖ Certified psychotherapist by the International Board for the Certification of Group Psychotherapists.
- ❖ Member of P.A.D.A Institute (Protection Against Drug Addiction)